We claim:

A tablet comprising a hydrated form of valacyclovir hydrochloride having a
 water of hydration content of more than approximately 3% w/w and a particle size of less
 than approximately 355 μm.

- 1 2. The tablet according to claim 1, wherein the valacyclovir hydrochloride has 2 a water of hydration content of more than approximately 4% w/w.
- The tablet according to claim 1, wherein the valacyclovir hydrochloride has a water of hydration content of between approximately 3% w/w and approximately 16% w/w.
- 4. The tablet according to claim 1, wherein the valacyclovir hydrochloride has
 a particle size of less than approximately 250 μm.
- 1 5. The tablet according to claim 1, wherein the valacyclovir hydrochloride concentration comprises at least approximately 50% w/w of the tablet.
- 1 6. The tablet according to claim 1, wherein the tablet has a friability and the friability of the tablet does not exceed approximately 1% w/w.
- 7. The tablet according to claim 1, wherein the tablet has a hardness and the hardness of the tablet is at least approximately 10 kP.
- 1 8. The tablet according to claim 1, further comprising one or more 2 pharmaceutically acceptable excipients.
- 1 9. The tablet according to claim 8, wherein the pharmaceutically acceptable excipients comprise one or more of a filler, binding agent, disintegrant and lubricant.
- 1 10. The tablet according to claim 9, wherein the filler comprises one or more of dicalcium phosphate and microcrystalline cellulose.
- 1 11. The tablet according to claim 9, wherein filler comprises from about 5% to about 40% w/w of the tablet.

12. The tablet according to claim 9, wherein the binding agent comprises one or more of hydroxypropyl methylcellulose, hydroxypropyl cellulose, and polyvinyl pyrrolidone.

- 1 13. The tablet according to claim 9, wherein the binding agent comprises 2 between 0.05% and 5% w/w of the tablet.
- 1 14. The tablet according to claim 13, wherein a portion of the binding agent is 2 present extra granularly as a dry binding agent.
- 1 15. The tablet according to claim 14, wherein the extra granular dry binding 2 agent comprises between approximately 0.05% and approximately 2% w/w of the tablet.
- 1 16. The tablet according to claim 9, wherein the disintegrant comprises one or 2 more of clays, kaolin, bentonite, veegum; celluloses, microcrystalline cellulose, 3 croscarmellose sodium, non-ionic disintegrants, and crospovidone.
- 1 17. The tablet according to claim 9, wherein the disintegrant comprises from 2 approximately 0.5% to approximately 7% w/w of the tablet.
 - 18. The tablet according to claim 9, further comprising a film coating.
- 1 19. A tablet comprising:

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an intragranular portion comprising at least approximately 50% w/w of a hydrated form of valacyclovir hydrochloride having a water of hydration content of more than approximately 3% w/w and a particle size less than approximately 355 µm, at least one filler, at least one binding agent, and at least one disintegrant; and

an extragranular portion comprising at least one lubricant, wherein the friability of the tablet does not exceed approximately 1% and the hardness is at least approximately 10 kP.

20. A tablet comprising:

an intragranular portion comprising at least approximately 50% w/w of a hydrated form of valacyclovir hydrochloride having a water of hydration content of more than approximately 3% w/w and particle size less than approximately 355

5	μm, at least one filler, at least one binding agent, and at least one disintegrant						
6	present within the granules of the tablet; and						
7	an extragranular portion comprising at least one lubricant and at least one						
8	binding agent, wherein the friability of the tablet does not exceed approximately						
9	1%, the hardness is at least approximately 10 kP.						
1	21. The tablet according to claim 20, wherein the binding agent in the						
2	intragranular portion and the binding agent in the extragranular portion are of the same						
3	material composition.						
1	22. A method of treatment of a viral infection in a mammal comprising						
2	administering to the mammal one or more tablets to administer an effective anti-viral						
3	amount of valacyclovir hydrochloride, the tablet comprising a hydrated form of						
4	valacyclovir hydrochloride having a water of hydration content of more than						
5	approximately 3% w/w and a particle size of less than approximately 355 μm						
1	23. The method of treatment of claim 22, wherein the virus comprises a DNA						
2	virus.						
1	24. The method of treatment of claim 22, wherein the virus comprises one or						
2	more of herpes simplex 1, herpes simplex 2, varicella zoster, cytomegalovirus, Epstein-						
3	Barr viruses, human herpes virus-6 (HHV-6), and hepatitis B virus.						
1	25. The method of claim 22, wherein the virus comprises one or more of a						
2	papilloma or wart virus.						
1	26. The method of claim 22, further comprising administering the tablet with a						
2	second active compound.						
1	27. The method of claim 26, wherein the second active compound comprises						
2	zidovudine.						

w/w of a hydrated form of valacyclovir hydrochloride having a water of hydration content

of more than approximately 3% w/w and a particle size less than approximately 355 μm

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A process for preparing a tablet comprising at least approximately 50%

4	and one or more of at least one binding agent, at least one filler, at least one disintegrant					
5	and at least one lubricant, the process comprising:					
6	forming granules of valacyclovir hydrochloride; and					
7	blending an optional portion of the at least one binding agent and a lubricant with					
8	the granules,					
9 10	wherein the hardness of the tablet is at least approximately 10 kP and the friability is not more than approximately 1%.					
1 2	29. The process according to claim 28, wherein forming the granules comprises:					
3	mixing the valacyclovir hydrochloride and the one or more of the at least one binding agent, the at least one filler, and the at least one disintegrant;					
5	granulating with a granulating solution to form granules;					
6	drying the granules;					
7	blending the granules with a lubricant; and					
8	compressing the blended mixture to form a tablet.					
1 2	30. The process according to claim 29, wherein blending the granules with a lubricant further comprises blending with a binding agent.					
1 2	31. The process according to claim 28, wherein forming the granules comprises:					
3	dissolving the binding agent in a granulating solution;					
4	adding and mixing to the granulating solution the valacyclovir hydrochloride and					
5	the one or more of the at least one binding agent, the at least one filler, and the at least on					
6	disintegrant;					
7	granulating with a granulating solution to form granules;					
8	drying the granules;					

9	blending the	granules with	a lubricant; ar	ıd

- 10 compressing the blended mixture to form a tablet.
 - 1 32. The process according to claim 31, wherein blending the granules with a lubricant further comprises blending with a binding agent.
 - 1 33. The process according to claim 28, wherein the granulation results in a fluid uptake of between 8-16%.
 - 1 34. The process according to claim 29, wherein the fluid uptake after 2 granulation comprise between approximately 12 and approximately 16%.
 - 1 35. The process according to claim 29, wherein the granules are dried to a moisture content of more than approximately 4% w/w.
 - 1 36. The process according to claim 29 wherein the extra granular binding agent 2 is first blended with the lubricant before blending with the granules.
 - 1 37. The process according to claim 29 wherein the extra granular binding agent is added separately from the lubricant.
 - 1 38. A method of improving one or both of friability and hardness of a tablet 2 comprising valacyclovir hydrochloride, the method comprising:
 - reducing the particle size of a hydrated form of valacyclovir hydrochloride, the valacyclovir hydrochloride having a water of hydration content of more than approximately 3% w/w.
 - 39. The method of improving one or both of friability and hardness of claim
 38, wherein the particle size is less than approximately 355 μm.
 - 40. A method of improving one or both of friability and hardness of a tablet
 comprising valacyclovir hydrochloride having a particle size of less than approximately
 355 μm, the method comprising:
 - forming the tablet from a hydrated form of valacyclovir hydrochloride having a water of hydration content of more than approximately 3% w/w.

1 41. A tablet comprising a hydrated form of valacyclovir hydrochloride 2 characterized by the absence of colloidal silicon dioxide and extra granular 3 microcrystalline cellulose.

- 42. The tablet of claim 41, wherein the valacyclovir hydrochloride has a water
 of hydration content of more than approximately 3% w/w and a particle size of less than
 approximately 355 μm.
- 1 43. The tablet of claim 1, which is further free or substantially free of both 2 silicon dioxide and microcrystalline cellulose.